

EXCUSES



DISCIPLINE



THIS IS CONSISTENCY



SO IS THIS



DAY OFF

GROW



"I'M AN EXPERT"

"I WANT TO LEARN"



CONFUSED
MIND



CALM
MIND

MOTIVATION



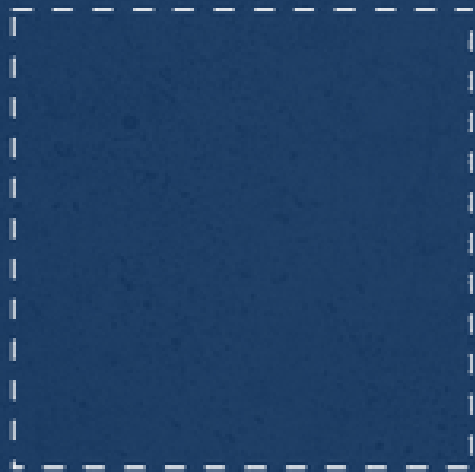
"I WILL GO TOMORROW"

ACTION



"SEE YOU TOMORROW"

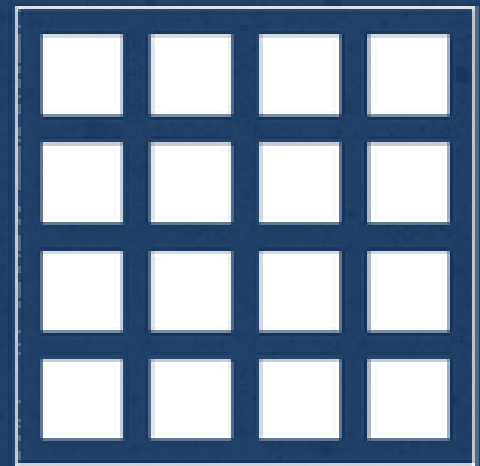
GROWTH IS...



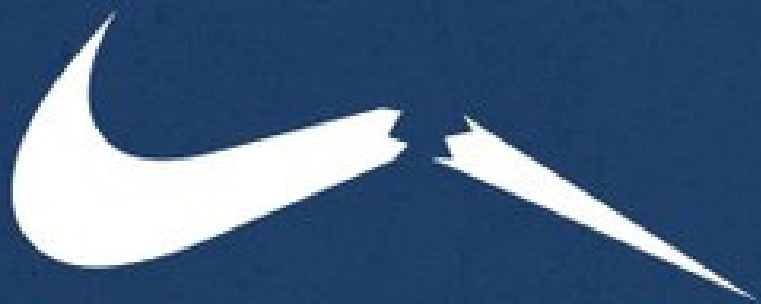
DISSATISFACTION



DECISION



DEDICATION



JUST DREAM IT.



JUST DO IT.

DOING THE SAME THING OVER AND OVER



TRYING NEW THINGS TO IMPROVE



"UGH! I WISH I COULD
BE LIKE YOU"



CHAPTER 1



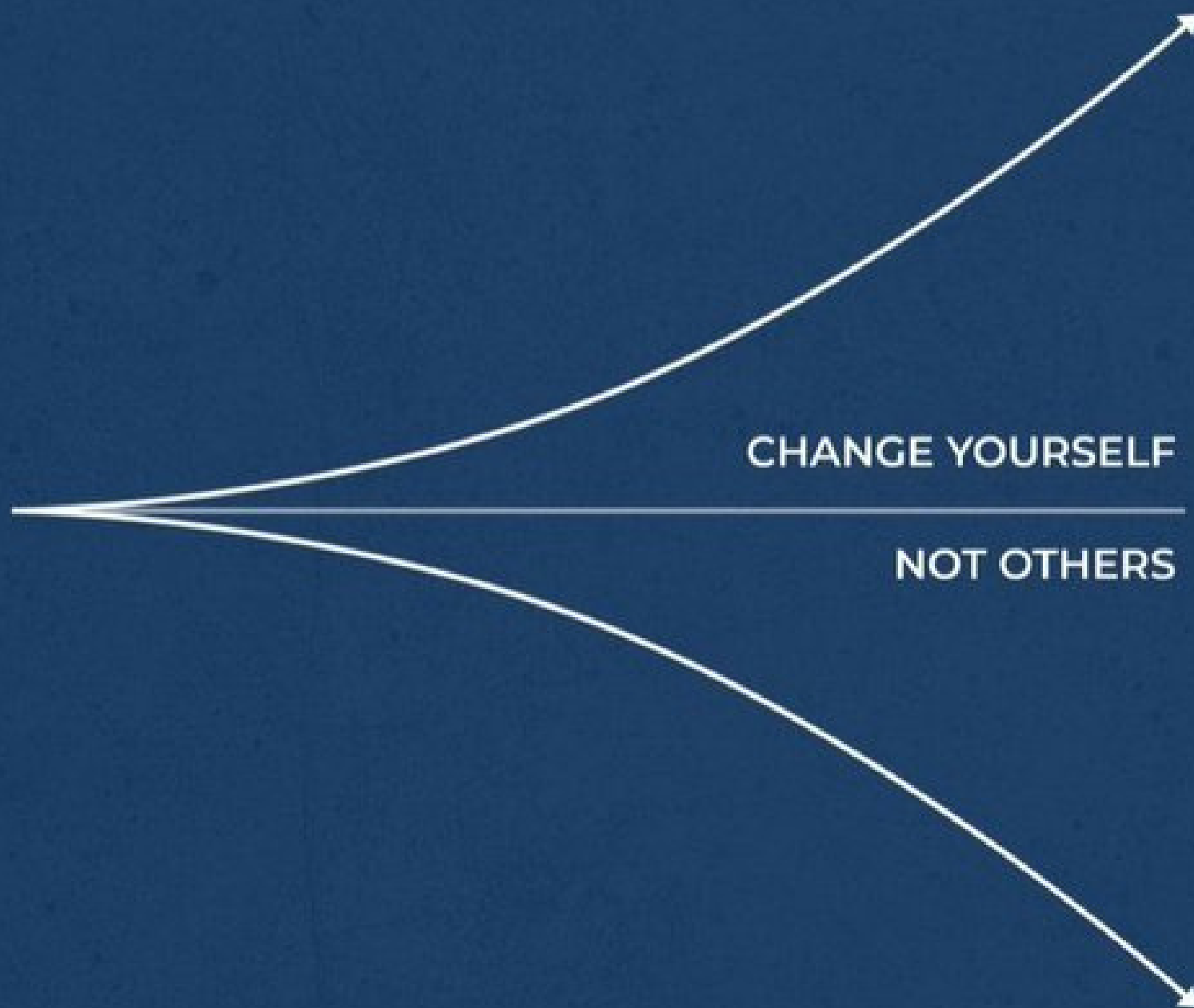
CHAPTER 8

I DON'T KNOW IF I CAN MAKE IT



I KNOW I CAN MAKE IT

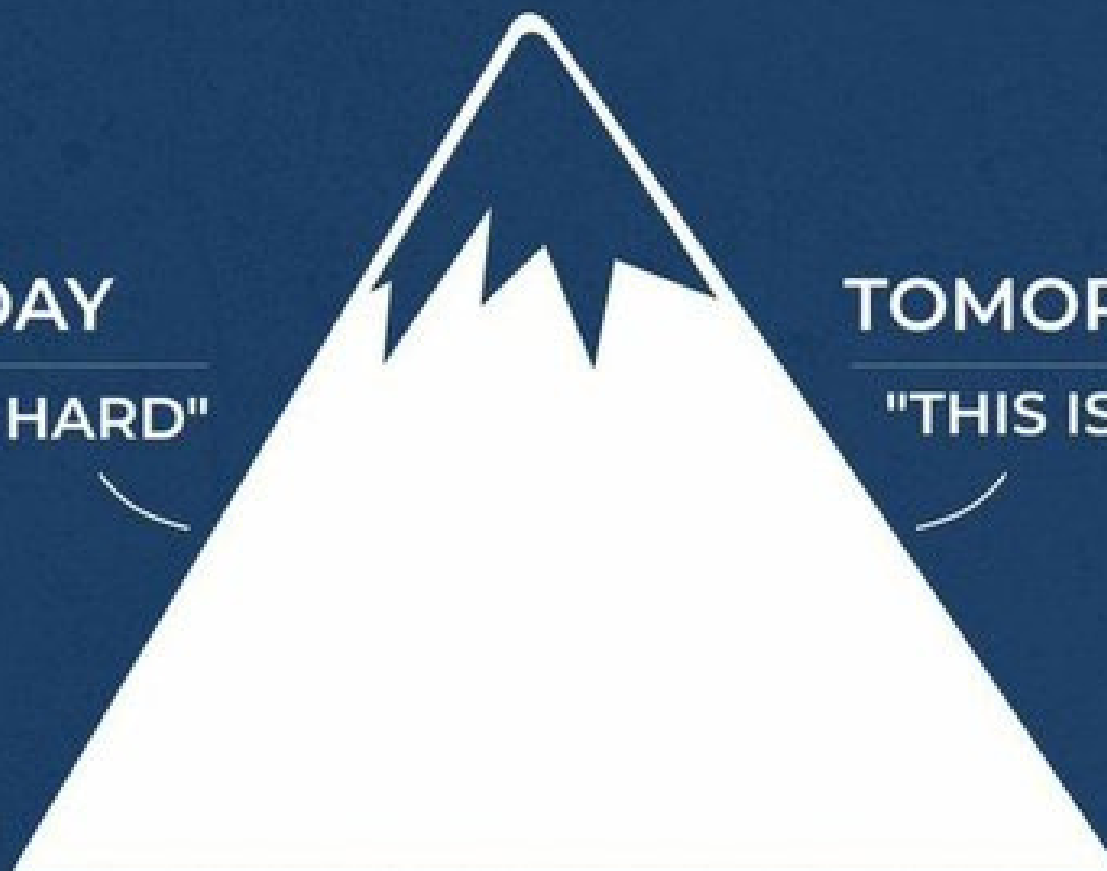




CHANGE YOURSELF

NOT OTHERS

TODAY
"THIS IS HARD"



TOMORROW
"THIS IS FUN"

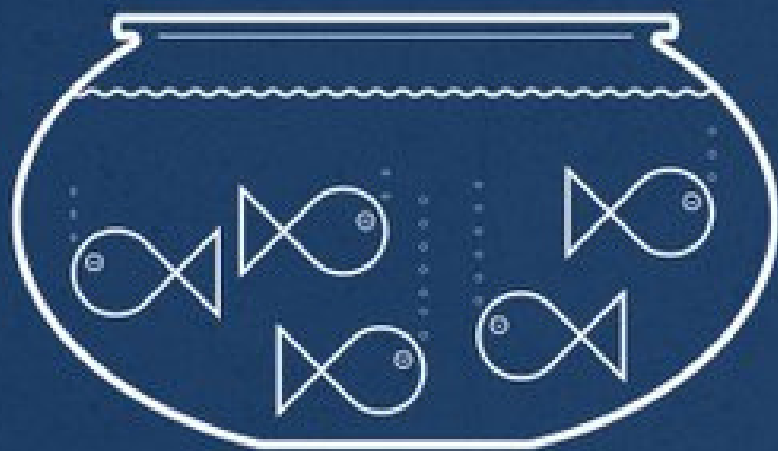
BE YOURSELF...



EVERYONE ELSE IS ALREADY TAKEN



YOU



COMPLAINTS



GRATITUDE